

Slow Cooking

ON A BUDGET



Community Alliance

BROXBOURNE & EAST HERTS



Prepare budget-friendly healthy meals with Community Alliance, join us for Slow Cooking on a Budget for **FREE!**



For four weeks, we will show you how to minimise food waste and make the most of your ingredients. **FREE slow cooker is provided.**



Happening on Wednesdays on the dates below:

- 19th February 2025
- 26th February 2025
- 5th March 2025
- 12th March 2025

Morning session: 09:30am - 12:30pm

Afternoon session: 1:00pm - 4:00pm

Location: Skills & Learning Centre
67 Fore Street, Hertford,
SG14 1AL

To book email sarah@communityalliancebeh.org.uk

Please state in your email your dietary requirements and whether you are attending the morning or afternoon session

